

INSTRUCTIONS:

Complete the activities below, focusing on what you know about personal space.

DEFINED:

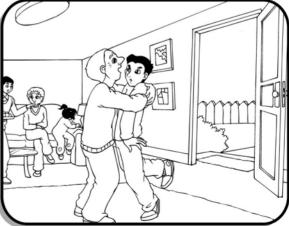
Personal Space is a distance, not pre-defined nor pre-measured, at which two people feel comfortable and have successful communication. Elements that influence personal space include ability level, cultural influence and the relationship between the communication partners.

INSTRUCTIONS: Circle the part of each sentence that demonstrates personal space. Talk about its **impact** on communication.

- 1. Cassie glares at Henry as he reaches across her to grab a pencil.
- 2. With confusion Joe looks at his neighbor as she tries to give him directions across the yard.
- 3. Bridget and Michelle tried to work but were distracted by the couple arguing near them.
- 4. Antonio and Lupe had a great conversation across the dinner table about their weekend.
- LaKesha leaned in to hear what Kennedy was saying; Kennedy pulled back with an uncomfortable look on her face.

INSTRUCTIONS: Examine each of the scenes below. Talk about personal space as related to these scenes. On the back of the worksheet draw or write about your own personal space boundary.





Created by Bridget Ames for TheraSimplicity

TheraSimplicity 1997-2007 All Right Reserved